BANGOR INSIGHTS

NEWS & STORIES





Our President's Message



From all of us here at Hunt Military Communities, I want to wish all the fathers out there the sincerest Happy Father's Day. Whether you are serving far away or close to home - or supporting a spouse who is active duty - your commitment to your country and families is admirable. We look forward honoring you this month. In May, Hunt Military Communities teamed up with wear blue: run to remember in organizing Memorial Day virtual run/walk events in our communities.

wear blue: run to remember, a national, nonprofit organization is committed to building a running community that honors the service and sacrifice of the American military. This year, wear blue hosted the event as a virtual run/walk, enabling runners and walkers from all over the U.S. to continue on in the mission – to honor our nation's fallen by learning their stories, speaking their names out aloud and honoring their legacies. Runners and walkers were encouraged to participate on an individual basis and became part of a living memorial to America's fallen heroes and showed of support for the families they left behind. Hundreds of HMC employees and residents participated in the event across the U.S. Thank you to all who ran, walked, and supported this worthwhile event. It is because of your dedication to the cause we are able to honor and recognize our American fallen heroes in such a thoughtful way.

John Ehle President **Hunt Military Communities**

COMMUNITY OFFICE (Open Mon-Fri 9am-4pm;

closed 12PM-1PM and weekends)

Bangor Valley: 360-626-3987 Bangor Creek: 360-626-3342

Email: westsoundrso@huntcompanies.com

MAINTENANCE (Mon-Fri 9am-4pm; closed 12PM-1PM)

Office: (360) 994-8099 **Dispatch**: (360)-994-8092 **After hours**: (888) 335-3297

Recognizing National Safety Month

At Pacific Northwest Communities, we value the health and safety of our residents. June is National Safety Month, and during this time we would like to spread awareness towards the typical preventative hazards that may



affect you and everyone in your household. We know that home is a safe place to relax and enjoy spending time with family and friends. Unfortunately, from time to time, accidents can and do happen. Someone may fall and scrape a knee or a child could suffer a small bruise after roughhousing. Minor accidents may start out small and become more serious so it's important to take a preventative and defensive stand to protect everyone in the family. For parents, the safety of our children is our number one priority. Injuries to children can be minimized by developing a comprehensive home safety plan. The following tips may help you create a safer environment whether you're inside or outdoors:

Indoor Home Protection Tips

- Stay close to the stove when cooking, especially when you are frying food. Keep children away from the stove at all times.
- Keep space heaters at least three feet away from anything that can burn. Do not leave children unattended in a room while using space heaters. Seek immediate medical attention when necessary.
- Keep matches and lighters out of children's reach.
- Only light candles when an adult is in the room. Blow the candle out when you leave the room or go to sleep.
- Stay within an arm's length of smaller children in and around water. This includes bathtubs, toilets, pools and buckets of water. Empty large buckets and wading pools after using them. (continued on next page)









- The use of wading pools must be supervised by an adult. No child should swim alone. Make sure your children always swim with an adult.
- Keep your water heater set at 120 degrees Fahrenheit to prevent burns. If you are not aware of your water heater setting, submit a work order to have maintenance check it for you.
- Read the labels on all toys, especially if they have small parts. Be sure your child is old enough to play with them.
- Keep coins and hard round foods, such hard candy and nuts, out of children's reach. Things that can fit through a toilet paper tube can cause a young child to choke.
- Place furniture and cribs/beds away from windows. Always strap babies into high chairs, swings, changing tables and strollers.
- Lock poisons, cleaners, medications and all dangerous items in a place where children can't reach them
- Keep all chemical cleaners and solutions in their original containers. Do not mix them together. Keep them away from children.
- Use medications carefully, follow the appropriate directions and keep them safeguarded. Use child secured resistant lids as well.
- Doors serve as the primary exit in the event of an emergency. Windows provide a secondary means of escape from a burning home or for other emergencies. Determine your family's emergency escape plan and practice it. Remember that children may have to rely on a window escape in a fire situation. Help them learn to safely use a window in these circumstances.
- Make sure your windows open easily from the inside and are not blocked by furniture or other objects. Avoid placing furniture such as beds, dressers or toy chests under windows in the bedroom of children; as such furniture could impede a swift exit in an emergency.
- For the safety of your pet, animals may not be left alone in a home, garage, carport, or back yard for more than 12 hours without pet sitter attention.
- Always make sure your dog is on a leash when outside of a fenced yard, always provide water and shelter for pets and ensure dogs and cats have a collar with an updated phone number and home address.

Outdoors & Recreational Safety

- Always carry a basic first aid kit with you when enjoying recreational activities outdoors. You need to be able to administer basic first aid when you are away from your car, house or any densely populated area. Keep the first aid kit well stocked and make sure any medications have not expired. Keep them in handy carrying cases and ensure easy access for your family at all times.
- Wear the appropriate protective gear for your activity (i.e. sturdy shoes for hiking, helmets for biking, and lifevests for watersports).
- Stay hydrated. The hotter it is and the higher the activity level, the faster fluids are lost. Make sure you bring plenty of drinking water with you. Be sure to keep it cool on a hot day by storing in a cooler or insulated bag.

For more information and safety tips, please visit the Hunt Safety Zone website at huntsafetyzone.com/home-safety and the National Safety Council website at nsc.org/home-safety

Summer Grilling Safety Tips



According to the NFPA, grilling too close to anything that can burn is a fire hazard and even cause burn injuries. Roughly half of the injuries involving grills are thermal burns. Follow these simple tips and you will be on the way to safe grilling.

- Propane and charcoal BBQ grills should only be used outdoors. The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- Keep children and pets at least three feet away from the grill area and Never leave your grill unattended.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- · Always make sure your gas grill lid is open before lighting it.

CHARCOAL GRILLS

- If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- Keep charcoal fluid out of the reach of children and away from heat sources.
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before disposing in a metal container.

PROPANE GRILLS

• Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill. If the flame goes out, turn the grill and gas off and wait at least 5 minutes before re-lighting it.





Important Notice: Closure of parks, playgrounds and other common areas



At Hunt Military Communities, our families' health, safety, and well-being is our utmost priority. In line with the CDC and Gov. Jay Inslee's efforts to mitigate the spread of COVID-19, all of our shared amenities and common areas are currently closed. **The use of any of these areas is prohibited until further notice: dog parks, playgrounds, sports courts, community centers, and fitness centers.**

We will provide you with routine updates on plans to resume normal operations. Until then, please abide by the state's social distancing requirements and comply with the CDC's advice on health and safety precautions. We value your continued residency and appreciate everyone's efforts to ensure the health and well-being of our families during this challenging time. We thank you for your full cooperation at this time, and truly appreciate your patience.

Wacky Wednesday Fun!

We know talent when we see it and our residents definitely have a lot of it! From creating a science project to, drawing or posing for a family portrait--check out the entries that received the most likes from our Wacky Wednesday online contest! We love seeing you have fun with your inspiring creations and we encourage you to keep them coming every week!













Celebrate Kindness!

June 1, 2020 · Say Something Nice Day

Spread positivity and show your appreciation during this difficult time to someone who needs it!

Now more than ever, we need each other to uplift our spirits. On June 1st, 'Say Something Nice Day', we'd like to encourage everyone to be kind and appreciate what it means to give and receive an act or message of kindness from someone. Create something for a friend, loved one, neighbor, (or even a stranger!) expressing one kind message you'd like them to receive for this day. Post a photo or upload a video of it on our Facebook page *on June 1st*. The entry/entries with the most number of likes will have a prize delivered to their home.

Contest ends June 2nd at 8:59 AM. Have fun!

We cannot wait to see your uplifting messages!





JOIN OUR ONLINE EVENTS!

Weekly Events: Monday-Wednesday

MONDAYS | **Monday Mash Facebook BINGO** - Every Monday, we will be hosting Monday Mash Facebook Bingo! Game time starts at 9:30 AM and will go on 'til 12 noon or until someone calls out BINGO! (whichever comes first).

TUESDAYS | **Trivia Tuesday** - Every Tuesday at 10 AM, one trivia question will be posted of our Facebook page and will be there for an hour. Comment with the correct and complete answer to win! The first person to do so will be win a fun little prize delivered straight to their door

WEDNESDAYS | **Wacky Wednesday** - On Wednesdays, we like to shine the your talent and creativity! Whether it be a LEGO building contest, a science project, ad song-and-dance number or writing poetry, show us what you got and get featured in our monthly newsletters.

Be Kind: Say Something Nice Day | June 1

On June 1st, 'Say Something Nice Day', we'd like to encourage everyone to be kind and appreciate what it means to give and receive an act or message of kindness from someone. Create something for a friend, loved one, neighbor, (or even a stranger!) expressing one kind message you'd like them to receive for this day. Post a photo or upload a video of it on our Facebook page on June 1st. The entry/entries with the most number of likes will have a prize delivered to their home. Contest ends June 2nd at 8:59 AM. Have fun!

Witty Besties: A Caption Contest | June 8

On June 8th, National Best Friend Day, share a photo of you and your best friend (taken prior to quarantine) with the wittiest one-liner caption that reflects just how truly you and your best friend's humor compliment each other's. Some existing examples could be "lettuce be friends for life", "I cherish our friend--chip", and "You're a koala-ty friend". The captions you create must correlate to the photo you are attaching. The entry with the most number of likes will win a prize delivered straight to their home. Contest ends June 8th at 5PM.

Poker for Pops | June 15-19

Is Dad a jokester who likes to play poker? If so, we have the perfect treat for him! Dad jokes--hate 'em, love' em, they get us either laughing or cringing but at the end of the day we love our fathers more for it! In anticipation of Father's Day, share with us 1) a photo of your father or the father of your children; and 2) briefly tell us an anecdote that involves them cracking their signature dad joke/s. Post your entry by commenting on our Facebook post from June-15-19. The entry with the most likes will receive a poker kit for Dad with some other goodies delivered to their home. We can't wait to hear your dad jokes! The cornier, the better!

But First, a Selfie! | June 21

It's time to let your personality shine! With your own choice of photo filters or stickers, show us what you're up to today! On June 21st, National Selfie Day, pick a filter on your phone and take a selfie (photo or video) of how you are spending your day. For videos, feel free to add stickers, music or animated GIF's to your selfie before uploading it on the comments section of our Facebook post. The selfie with the most number of likes will have a prize delivered straight to their home. Contest ends June 21st at 5PM. Be funny, be quirky, or just be yourself-ie!

Bangor Facebook Page: Facebook.com/BangorFamilyHousing

Employee Spotlight



Pauline Kuria - Leasing Specialist

Pauline was born and raised in the capital city of a small sub-Saharan country in Africa called Nairobi. Here, she cherishes her childhood memories in Kenya's tropical climate, and Nairobi will always hold a special place in her heart. Right after high school, Pauline was lucky enough to work at Kenya's only brewery as a sales and marketing representative. Here she learned that she had a natural ability to communicate and quickly build rapport

with people, which gave her an 'aha!' moment and thus her love for customer service was born. In 2004, Pauline moved to Seattle, WA, with my entire family. She then met her husband, an active duty Service member who has since then taken her to California and Sicily, Italy, before coming back to Washington. Sixteen years later, two kids and invaluable experience under her belt, Pauline considers herself blessed to have had the opportunity to not only travel the world but also to work for incredible companies such as; AT&T, Kimpton Hotels, Apple Inc., Comcast, and Navy Federal Credit Union. As a military spouse, mother, and career woman, Pauline is incredibly passionate about helping those that serve and their families. Her ultimate goal is to utilize her acquired personal and professional experiences to make a meaningful change and a positive impact on the lives of military families. Pauline lives her daily life by the wise words by Mahatma Ghandi-- "Be the change you want to see in the world."

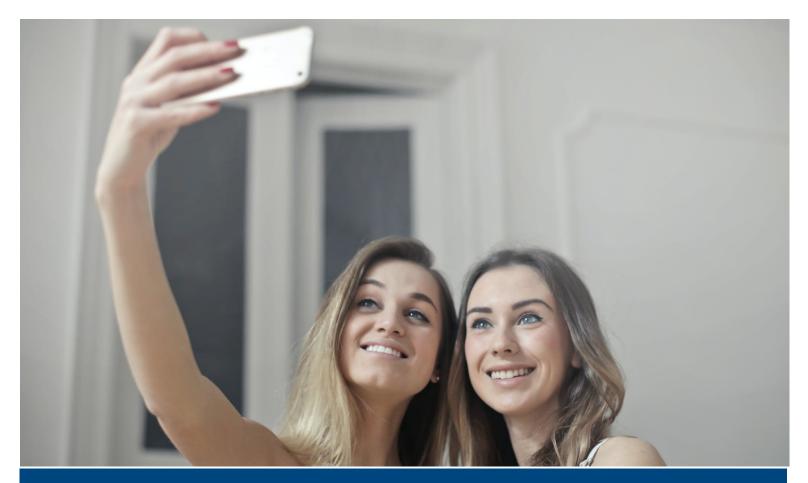
Rodney Cabrera- Maintenance Technician II

Rodney's experience in the field of maintenance work started in his hometown of Saipan in 2014. He then relocated to Oregon where he worked first as a porter, then a maintenance technician towards the end of that year. When he landed that position, he quickly saw an opportunity to go further and develop his skills on a management level. Just two years later, he then became a maintenance supervisor in a multi-family housing



community in Oregon and received the Maintenance Supervisor of the Year award in 2018. He eventually left the company and found his way to Washington state, wanting to challenge himself in a new environment of military housing. During his free time, Rodney enjoys riding his mountain bike on trails, shooting at the range, and playing video games on his Playstation. He also liked working on cars and various wood crafts, and sightseeing with his family. Rodney looks forward to learning more in the maintenance field in military housing and would once again love to have an opportunity to serve our military families from a managerial position in the near future. As someone who likes to seize the day and grab all the opportunities that life brings him, he lives by his mantra, 'YOLO' (You Only Live Once) and is always ready to give 5-star service.





Witty Besties: A Caption Contest

June 8, 2020 · National Best Friend Day

Send us your most clever and wittiest one-liner captions for a photo of you and your best friend!

On June 8th, National Best Friend Day, share a photo of you and your best friend (taken prior to quarantine) with the wittiest one-liner caption that reflects just how truly you and your best friend's humor compliment each other's. Some existing examples could be "lettuce be friends for life", "I cherish our friend--chip", and "You're a koala-ty friend". The captions you create **must correlate to the photo you are attaching**. The besties who post the photo with the most number of likes will win a prize delivered straight to their home. Contest ends June 8th at 5PM.

Show us why you and your bestie can win this!





Ready for Summer? Here are some seasonal reminders for your home



As we bask in the warmest time of the year, here are a few tips and reminders to ensure your and your family stay safe and have a lovely and enjoyable summer season.

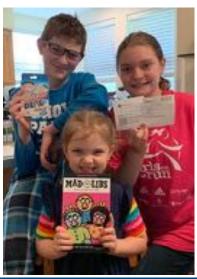
• Fireworks (In anticipation of Fourth of July): The manufacturing, sale, storage, possession, transporting and/or use of fireworks and all incendiary devices are expressly prohibited in our neighborhoods. The Kitsap County Board of County Commissioners approved a ban on the sale and use of fireworks that can have unpredictable and hard to control travel paths. Click here for county regulations on fireworks.

- Lawn Care The summer heat can leave grass in yards looking parched and unappealing. Make sure to water your lawns regularly during this time of year to keep them in tip top shape. Residents are responsible for the watering of their lawns (front and back, fenced and not fenced) and planter bed areas. Watering should be avoided during the heat of the day. If your home has an automated irrigation system, the lawn and planter bed areas will be automatically watered based on a set schedule. Automated irrigation system timers will be maintained by the Owner. If an irrigation head or other components malfunction or if there is excessive runoff, please call the Maintenance service request line. Let's work together to keep our community looking it's best. We know that keeping yards green and lush can also be a challenge when there are vast mature trees around your home as these trees can also shield them from direct sunlight. Please remember that storing fertilizers or herbicides in and around your home is prohibited, as stated in your community handbook.
- BBQ Grills/Smokers and Fire Pits: Outdoor grills are permitted only outside the home no closer than ten (10) feet to the house or fence. BBQ grills/smokers should not be left unattended when in use or while still hot. Cooking food in the front yard or on covered balconies, and/or patios using hibachis, grills, smokers, etc. is prohibited. All grills/smokers etc. are to be used and stored in the back yard of the home. Fire pits, including free standing fire pits are not permitted. Click here for grilling safety tips from the NFPA.
- **Pools and Trampolines:** The use of small wading pools, not exceeding 12 inches in height, is authorized under the following guidelines: The water must not exceed 12 inches in depth, and will be emptied on a daily basis; wading pools are to be constantly monitored by an adult during use, and must not be left unattended while holding water; Pools are to be emptied, turned over and properly stored when not in use; Grounds damaged by the pools must be restored; Wading pools must be kept in backyard areas; Hot tubs, swimming pools, fountains and ponds are not permitted. Trampolines are not permitted in your home.

We will be driving around to ensure all homes are in compliance with the rules found in the Community Handbook. Thank you for your cooperation and for choosing our neighborhood as your home. We really appreciate having you around!

Check out our lucky winners from our online events in May!

You could be one of them too! Join us on Facebook weekly to be in the loop on upcoming events and contests. From Monday through Wednesday we host Monday Mash BINGO, Trivia Tuesday and Wacky Wednesday. We also have other events for the month of June so make sure you check out our events page for a complete rundown. See you on Facebook!

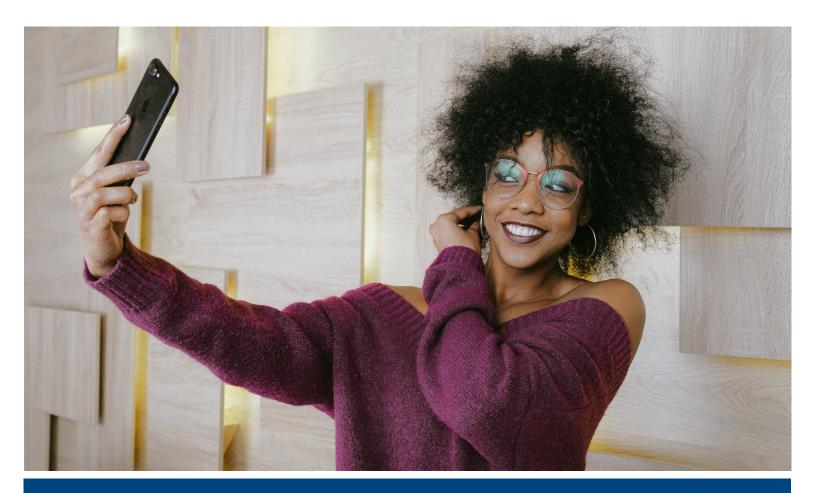












But First, a Selfie!

June 21, 2020 · National Selfie Day

It's time to let your personality shine! With your own choice of photo filters or stickers, show us what you're up to today!

On June 21st, National Selfie Day, pick a filter on your phone and take a selfie (photo or video) of how you are spending your day. For videos, feel free to add stickers, music or animated GIF's to your selfie before uploading it on the comments section of our Facebook post. The selfie with the most number of likes will have a prize delivered straight to their home. Contest ends June 21st at 5PM.

Be funny, be quirky, or just be yourself-ie!







Poker for Pops

June 15-19, 2020 · (Before Father's Day)

Is Dad a jokester who likes to play poker? If so, we have the perfect treat for him!

Dad jokes--hate 'em, love' em, they get us either laughing or cringing but at the end of the day we love our fathers more for it! In anticipation of Father's Day, share with us 1) a photo of your father or the father of your children; and 2) briefly tell us an anecdote that involves them cracking their signature dad joke/s. Post your entry by commenting on our Facebook post from June-15-19. The entry with the most likes will receive a poker kit for Dad with some other goodies delivered to their home.

We can't wait to hear your dad jokes! The cornier, the better!



